

# The Northfield Press

VOL. XXIII. No. 1

NORTHFIELD, MASS., FRIDAY, AUGUST 15, 1930

PRICE FIVE CENTS

## GENERAL CONFERENCE HAS RECORD ATTENDANCE

Rev. Howard Partington of Nottingham, England, appointed by the committee for the Exchange of Speakers and Preachers between America, Great Britain and France, addressed the Northfield Conference Thursday on the change and permanence of the Christian religion.

He said that as times change the theory and practice change but the spirit remains the same. He declared he could not understand why people who are very willing to accept all sorts of changes in the material world are yet unable to see the need of keeping up with the modern changes affecting the religion. Many even boast that their fathers' religion is good enough for them. A new idea in religion, or some old idea with newly expressed, is taken as radical and impossible.

They seem to think that religion is static, while all else changes. The Christian religion links each generation with those preceding in the fundamental truths, and reinterprets them in the light of the new day.

Not long ago, the speaker went on to say, the thought of God was that of a ruler. Today we think of Him as God the Father. There is a more sympathetic attitude of Him. The changes in theory and practice reflects the reactions of the Christians to the challenging issues of today. The spirit of it all is the same. It depends now as always upon the degree of man's love, his tolerance, his vision.

The second condition is keeping very closely in touch with Christ. By not being in touch with the life and teachings of Christ the church of the Middle Ages went off on a dangerous tangent. Thirdly, reason is not to be sacrificed. Our gifts are strengthened and not superseded. Finally, we are to be obedient to what we see and know.

Dr. John A. Hutton of London spoke from the text in Luke: 5. The story was that of Jesus coming upon the disciples in the early gray of the morning, when men's resources are low, and telling them to launch out on the deep if they wished to catch fish. He said there was a great deal in that story.

Our Lord sent the men back to the place where they had failed, to catch fish. We do not like to go back to that place, most of us. But, the speaker emphasized, we have got to learn to ride the horse that threw us, to change the metaphor. A man may have just one particular weakness. If he can conquer that, he is usually right everywhere else, but if he loses out there, he loses out everywhere else. Right there is the key to personality. We have got to go back to the place where we have failed.

The weakness of Judas was the money bag, and Jesus made him treasurer. If he won with the bag, he might have become the world's greatest saint. There's the battlefield. Face around and tackle that thing with a vengeance; don't dabble with it, and the devil will flee. Rely upon the strength of the power that comes from God. Through that it is easier to go two miles than one, because it is done gladly and not grudgingly.

No modernist can ever love a garden. Dr. Hutton affirmed. A garden teaches you there is something to be taken out. There are two ways of dealing with a weed. One is to crop off its head every time it rises above the ground, until at last it becomes tired of appearing. Since that doesn't mean night work also, men have been told to do it, and the speaker suggested that in religion, that is the place where the priesthood first came in. Men hired others to take out the weeds of life, perhaps not realizing their own responsibility of doing so.

The second way of dealing with a weed is this: when the heart is soft because of some great joy or grief, then is the time to deal fundamentally with the thing, the weed, that has been breaking you. In St. Augustine's Confessions we are told that he used to pray. First, "Save me Lord, from all my sins, (but not quite yet)." Of course nothing happened. His next parenthesis was (all except one). Nothing happened, for, as St. Paul said, "He can save to the uttermost," but not short of it. Finally the prayer was, "Lord, save me from all my sins and now." That prayer was answered.

The secret of the whole is that Christ went back with the men in the boat, and he does with us when we want him to. Without the help and inspiration of some power outside yourself, all is hopeless. Man has done all big things in the world for somebody else, not for himself.

Let us go back then, the speaker repeated, to the thing that beat us, and through the strength of Christ and our own power, conquer it. Take a little time in prayer, for that is thinking things out to their source, until we come in contact with God. Laziness in thinking is man's besetting evil. Dr. John Hutton stated. The devil's pet Latin quotation is Mens sana in corpore sano. Preachers should follow the advice of Walter Pater.

The New Testament is not a book of legislation but a book of principles. Rev. James Reid told the Northfield Conference Friday in addressing them on the Guidance of the Holy Spirit. "There is little evidence," he said, "that the disciples of the early church fell back on what Jesus said and did. They

relied on the guidance of the Holy Spirit. The qualities they developed were the fruit of the spirit."

A Christian is never conscious of his goodness. The speaker wished the word goodness could be stricken out. People put too much emphasis upon the goodness that they do. It is too self-centered. The church of that day had a wonderful spirit of adventure among the people it called. Today our church is full of the prudent and the conservatives. They had slaves, the poor, robbers, wretches, unfortunates of all kinds.

The church today, it seems, does not feel the transforming power of Christ to save men, or it would go out into the highways and attract men of adventurous spirit, Dr. Reid declared. We lack the optimism they possessed. We rest self satisfied.

In all the policies of the early church the Spirit did the guiding. Today we have lost the ear to the spirit. That is the only asset the church possesses. It is the only thing that can convert the world. There are four conditions under which the guidance of the spirit may be gained. The first is an utter willingness to do the will of God no matter where it may lead. We have all got fences that we don't wish to jump.

Professor Edwin D. Harvey of Dartmouth College, who until the recent outbreak in China was on the missionary staff of the College of Yale in China, addressed the Northfield Conference of Christian Workers Saturday on the historical situation in that turbulent country, China. He said he was not uttering personal opinions but was giving information.

China was a better place in which to live, Professor Harvey said, in the days of Merry England of Queen Bess than was England. However, new forebodings since developed that makes China today a seething cauldron of turmoil. He then took up the vastness of the problems in that country, saying that mere mention of the 4000 millions of people staggers the imagination; and to think that only a small percentage of the people get any education, let alone enough to eat, gives one an idea of the enormous difficulties involved.

Westerners and the nations of the west are as ignorant in their outlook toward China as the proverbial Chinese is toward us, Mr. Harvey declared. The European powers in the early days when China was opened up made the most egregious errors politically, for which China is now suffering.

Politically China has never known any strong central government. Persia in the 5th Century B.C. is the most recent parallel of Chinese government. The intellectual movement in China of recent years has taken over the out-of-date Marxian materialistic socialism, it considers Nietzsche's Superman the ideal, and in religion, Tolstoy is the best example of a follower of Christ in the modern world. It was a calamity to China when the so-called Christian nations first entered her harbors with gunboats.

Missionary Day was observed at the Northfield General Conference Monday, a special service being conducted at 11 A. M. by Mrs. Henry W. Peabody of Beverly, who has for many years been interested in foreign missions. Sixteen different missionaries sat upon the platform, coming from many distant lands.

Mrs. Peabody urged support for the laws of the land, especially the 18th amendment. Corruption and lawlessness are attacking our nation making it of utmost importance for all good citizens to stand together for the maintenance of the constitution.

The citizens of Massachusetts during this Tercentenary year must rally together, summoning the strength of conviction of their Puritan forefathers as they go to the polls, she concluded. Dr. G. Campbell Morgan gave an address upon the authority of Christ concerning the church. Gathering in is name means the recognition of his sovereignty and overignty, the speaker asserted.

Rev. James Reid of Eastbourne, England addressed the conference on the Urge for Satisfaction. He said that what satisfied must pass two tests: first, it must satisfy the whole man, body, and heart; secondly, it must belong to the eternal. The feverish and fitful stops and starts of our people today is symptomatic of a crying need of something inwards. There is a need for satisfaction. Only Christ can meet this need, Dr. Reid asserted. The whole man is satisfied because the backbone of Christianity is unselfish service to others. Meaning is given to such a life, for that purpose has the assurance of the universe of God in back of it.

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Rev. C. McCoy Franklin, Manager of the Crossmoor School, Crossmoor, N. C., spoke in the afternoon and at the Round Top services in behalf of his school. Before he talked, he whistled imitation love calls of many of the birds native to his mountain home. The speaker for the evening was Rev. Melvin Trotter of Grand Rapids, Mich. Mr. Homer Hammon and Miss Jeanne Doctor assisted in the singing.

Dr. James Reid of England concluded his week's series of meetings to ministers today with an address on individual evangelism. Of utmost value, Mr. Reid said, was a love for individuals rather than a love for ideas. If souls are to be saved, "we

personal friendships." He went on to say that the one who is to do personal work must feel himself to be free, and possess a real experience in Christ.

The greatest temptation in the Christian ministry is to escape from Jesus Christ, and yet think and talk about him. The power of a complete dependence upon God is the only source of power. We must surrender to him in every detail of our lives.

Dr. John A. Hutton of London, well known editor and preacher, followed Dr. Reid in talking to the ministers, the number of whom has been greatly increased these last few days. He first pointed out several passages in the Bible as gems in themselves. Such a one is 1 Cor. 13, which is not a hymn of love at all, but is a thorough casting of the soul of a man. Paul, in his disappointment with Corinth was looking at himself as the cause of his lack of winning them. That chapter is a hymn to the discipline of the servants of God.

He then took up Matt. II as the text. Prefacing his remarks, he said that the gospels were not written to tell of the life of Jesus, but was a barrage laid down by the early church to cut off a retreat of the followers. The gospels were issued at a time of great danger to the young church. "Come to Christ," "Endure to the end," "Stand fast." These are characteristics of people who are about to sink, and to fall. From this angle we should read the New Testament.

Jesus first came as a preacher of God. Dr. Hutton said that as a friendly stranger to America, concerning preaching Americans attempt to displace the Old Testament from the New too much. Jesus sought to get at what was in the back of people's minds. Our Lord never explicitly answered one question. He was more interested in what the other fellow thought about it. "We have all of us," the speaker continued, "enough knowledge to take us to the foot of the throne of God, but it is not functioning."

The second stage that Jesus went through was this: he came to the point when he thought he was living in a perishing world. "We in England and America are a very conceited people. We have a secret feeling that God is looking down upon us smiling with satisfaction. Where would the God go to find a better people? All the empires of the past, far greater than ours, have gone into dust, and for this reason: they have been unfaithful in that particular for which it became great. Can we be so sure?

Optimism is the very contradiction of faith. Pessimism acknowledges the bankruptcy of human forces, and then calls upon God. We must have courage to use liberty in tackling the study of the Bible.

The speaker in the evening at Round Top was Mr. Walter Thorpe of Brandon, Vermont. On Sunday morning the speaker will be Dr. G. Campbell Morgan, of Philadelphia. A Round Top Mrs. Henry W. Peabody of Beverly, Chairman of the Women's League for Law Enforcement, will speak. In the evening Dr. James Reid of Eastbourne, England will address the service. The conference continues throughout the next week.

By HARRY A. ERICKSON  
The Art of Preaching was the topic of Dr. George A. Buttrick, Minister of the Madison Avenue Presbyterian church of New York City, as he addressed 250 ministers at the Northfield General Conference Tuesday. Dr. Buttrick has recently been appointed to give the Lyman Beecher Lectures in Preaching at Yale Divinity School for 1931.

In answer to the question, Is it necessary that all subjects be chosen from the Bible, Dr. Buttrick said that a preacher need not be limited by staying in the Bible alone. Jesus spoke about the birds and flowers of the field. True expository preaching will soon enter into life though it begins in the Bible.

God does not hand out quotations to a layman who is waiting for inspired moments. A preacher should read and read both the Bible and other big books, and from the overflow will come more texts than he can use.

For me, the speaker declared, the sermon should be written. Only thus is clarity, diction, and balance gained. This is a question of morality and not academic. A congregation is entitled to thoroughness and sound care in preparation of a sermon.

Without reality, however, no sermon is valuable. A pulpit voice is hollow and unreal. Do not use theological terms not born out of your own experience. Why say more about God than you really believe? Reality will send the message into the hearts of the listeners.

Dr. G. Campbell Morgan today started the first of his series of addresses on the subject: Humanity at the Cross. Sorrow at the Cross was his subject today.

Dr. James Reid of England began a new series of addresses today entitled Jesus' Interviews with People. His address today was about Nicodemus. Dr. Reid stated that he believed Nicodemus to be perfectly honest and sincere in his desire to search for the truth.

At the noon hour both Dr. Reid and Dr. Hutton answered questions of the ministers. The speaker at the Round Top service was Dr. John McDowell Secretary of the Presbyterian Board of Foreign Missions, New York City.

### CARD OF THANKS

We wish to express our thanks and appreciation for all the many kindly acts and expressions of sympathy shown by neighbors and friends during the long illness and in the death of Mrs. Baxter.

Charles E. Baxter and family.

## DR. MORGAN SPEAKS TO 3,000 SUNDAY

### Auditorium Packed

A crowd of 3000 coming from far distances packed the Auditorium at East Northfield today to listen to Dr. G. Campbell Morgan of Philadelphia, noted preacher and exponent of the Bible, who addressed the General Conference on the question: Have we as a nation outgrown the Bible?

Madame Louise Homer, famous contralto, was one of the soloists. Professor Emil J. Calvacca of Buffalo, violinist, and Mr. Carlton W. L'Homer, medien of orwalk, pianist, assisted in the music.

Dr. Morgan took his text from Deut: 3; an doth not live by bread alone. This was discussed from its national aspects.

An alien, said Dr. Morgan, cannot come to these shores of New England today without catching the historic significance of the Tercentenary celebration of Massachusetts. Mr. Morgan, who came from England, urged the people not to forget from whom they got the charter a British King with German accent. This celebration has national aspects, and it is well to remember that the Puritan and Pilgrim fathers recognized the necessity of the Bible.

There are four values of the Bible having national meaning which are derivable from no other literature or source, neglecting which life cannot be strong, beautiful, and permanent. First, is the moral conception that has made the civilization of the last 2000 years. Second, the Bible contains the conception of God which has resulted in the great philanthropies of the world today. Third, the conception of man in his divine discontent, from which have come the great reforms that have blessed humanity. Fourth, the declaration made by God that a way has been provided for the mending of broken men and women, a new birth.

The Bible is an ethic that makes for civilization. That order of life in which the highest good is secured to the greatest number is civilization. The Bible stands from the beginning to the end unified in the revelation that morality is rooted in religion. Right relationships between man and man, and between God and man are necessary. When a nation loses that conception, it is doomed, if not damned.

The Bible arouses a passion to serve others. The Bible means all that opposes death and blight to a nation, and it is a gospel that works. It makes a fit citizen. Have we outgrown the Bible? We have never grown up to it. When General William Booth of the Salvation Army was asked many years ago if he did not think that Christianity was played out, he replied it had never been played in.

Finally, Dr. Morgan said it is our business to stand by this great book, the Bible. In this lies the strength to make our national affairs truly great and noble.

At 4 P. M. Rev. Melvin Trotter of Grand Rapids led a praise service. The evening service at 6:45 was led by Mrs. Henry W. Peabody of Beverly, Chairman of the Women's Committee for Law Enforcement. She said that the spirit of this age is different from that of our Puritan fathers. Conviction made them great leaders. Today it is considered narrow to have great convictions. From the age of conviction follows that of doubt. Then comes compromise, which leads to unbelief. Shall we return to unbelief or go on to the age of faith, Mrs. Peabody declared?

### SUNDAY SCHOOL PICNIC

The summer session of the North church Sunday school will hold a picnic next Tuesday, August 19 at Lake Spofford. Regular attendants and their parents are requested to be at school next Sunday sure at 9:30 A. M. to learn about the plans. A games committee has been appointed consisting of Jack Webber, Helen Pattison and Virginia Powell.

The annual picnic of the full Sunday school will be held the week following. Announcement will be made at the Sunday morning meeting. A teachers' meeting will be held next week to talk over plans for the resumption of Sunday school at the church.

### MRS. GOULD INJURED

Suffers Hurts in Fall at Hot Springs. Wyo.; Still in Hospital  
A letter from Henry R. Gould, who with Mrs. Gould and Miss Mabel R. Snow of Brattleboro, left Northfield in May for an extended automobile trip through the West, tells of a serious accident to Mrs. Gould in Hot Springs, Wyo. The car had stopped near the grease pit of a service station, and Mrs. Gould stepped from the running board into the pit. She was so severely injured by the fall that she is still in the hospital at Hot Springs.

The annual picnic of No. 9 school will be held at the school house on Thursday, Aug. 28th. All friends of the district are cordially invited to come and will each please bring a cup and spoon.

C. C. STOCKBRIDGE.

### TOWN HALL ITEMS

The Selectmen of Northfield heartily approve the Proclamation issued by His Excellency Governor Allen in which he calls on the people of the Commonwealth to unite in making the Save-A-Life Period a success. Let us all see that our automobiles are in proper condition and do all in our power to reduce the number of fatalities that are occurring every day in our State.

The tax rate for this year is \$30.00 per \$1000.

### MONTAGUE, NORTHFIELD, DEERFIELD NAMED IN STATE MARSHAL'S ORDER

BOSTON, Aug. 15—State Fire Marshal John W. Reth requested the selectmen and the chiefs of 12 Massachusetts towns to change all fire hose couplings, fittings and hydrant outlets to conform with regulations adopted by the governor and council in 1925, based on a national standard screw thread. Reth pointed out that in case of a great emergency other departments would be unable to help the towns in question because of a difference in equipment.

The request was sent to Chester, Cummington, Dunstable, Montague, Monson, North Dighton, Northfield, South Royalton, Stockbridge, Old Deerfield and South Deerfield.

**SHORTAGE IN WATER SUPPLY**  
Both the Northfield and East Northfield Water Companies have sent out notices to their consumers calling attention to the very serious shortage in the supply of water in both reservoirs. Until further rains increase the supply it is most necessary not only to conserve the supply but the use of the hose for any purpose is prohibited and the utmost care should be used to avoid any fire.

### CONFERENCE OFFERINGS

It has been questioned why the Sunday morning service in the Auditorium should be in connection with a church of the town. Pastor and choir and people are not present or in evidence as host or as participants in it. On the way from a service one was heard to say, Why should a church of the village "sponge on" the summer Conferences? No member of the First Parish in the south part of town has been heard to utter such a thing, let it here be said. But as a matter of principle the question may be put for consideration. Why should a local denominational church be the annual beneficiary of an international undenominational series of Conferences? Might not the self-respect of citizens be better maintained if they supported each of their own churches? Should not the offerings in the Auditorium go to the support of the Conferences? Are they not so needed? It is more than the belief that they are. But if not so needed, should they not go to the Seminary on whose grounds the many visitors and participants at the Conferences are lodged and sheltered rather than to a church whose edifice is about a mile away?

### AN ATTENDANT.

### CHILDHOOD DAYS IN NORTHFIELD

I'm thinking of those childhood days in Northfield.

The house upon the hill, the verdant lawn,  
The fragrance of the flowers in Mother's garden  
The fields all wet with dew at break o' dawn.

The babbling brook that flows with gentle ripple  
Through shady dells so restful and so still.

In fancy now I see the birds high soaring  
And through my frame there goes a pleasant thrill.

Me thinks I hear the sound of cow bells tinkling

The herd is comin' home to graze no more,

The whipporwills will soon begin their singing

The night is coming on, the day is o'er.

I see dear Mother standing in the doorway  
Looking up the road to greet her boys.  
Vacation time is here with books forgotten  
Back to the farm with all its outdoor joys.

Yes, clearer than the day before me rises  
A vision of that distant happy time.

Nor pleasure, wonder, praise nor surprises  
Can steal the sweet delight that then was mine.

GEO. ARTHUR SMITH,  
16 Windsor Terrace,  
Yonkers, N. Y.

## Personal Mention

The Misses Vera and June Wright entertained most delightfully last Friday evening with a dance at their home on Main Street. There were 26 present including Miss Lois Hale of Greenfield. The grounds were beautifully decorated with lanterns giving a cool and pleasing retreat between dances. Refreshments were served during the evening.

On the 5th a son, James Harvey was born to Mr. and Mrs. Miles Morgan at the Greenfield Hospital. Both mother and son have been doing nicely.

Miss Barbara Williams entertained with two tables of Bridge on Tuesday evening. The first prize for high score was carried off by Mrs. Clara Buck for the ladies and Leon Dunnell for the men. Delicious refreshments were served after the game and a most enjoyable evening was spent in this hospitable home.

Mr. William Wright is suffering from an infected hand.

H. A. Johnson is taking his vacation and Fred Fox is substituting for him on his rural route.

Postmaster Charles F. Slate is now on vacation.

## Baseball Notes

Northfield won from the American Legion team of Greenfield by a 3 to 2 in a very close and hard fought game. The score being tied most of the time throughout the game.

The pitching of Bistrick featured, holding this hard hitting team to six hits is quite an accomplishment.

### Northfield A. A.

	AB	R	H	PO	A	E
Reed, lf	4	0	1	1	0	0
Shearer, ss	4	0	0	0	1	1
C. Graves, 3d	2	1	0	0	0	0
S. Graves, 2d	2	0	2	2	0	0
Cook, c, rf	3	0	1	3	0	0
Williams, 1st	3	0	0	5	0	0
Bistrick, p	3	0	0	2	0	0
Polhemus, cf	2	1	1	0	0	0
E. Scoble, rf	1	0	0	0	0	0
Columbus, c	1	0	0	0	0	0
Total	25	3	5	21	3	1

### American Legion

	AB	R	H	PO	A	E
Moylan, 3d	4	0	0	1	0	1
Piontie, ss	4	0	0	0	0	1
Loney, 2d	4	0	1	0	1	0
Murphy, p	3	0	0	3	0	0
Overguard, 1st	3	1	1	5	0	0
Salway, cf	3	1	1	1	0	1
A. Smith, rf	3	0	1	2	0	0
K. Smith, lf	3	0	1	0	0	0
Brissett, c	3	0	1	6	1	0
Total	30	2	6	18	2	3

### SOME HITTING

Northfield defeated the All Star Twilight team from Turners Falls 12 to 6 in a heavy hitting contest. Both teams got 12 hits but the home teams' hits were mostly for extra bases and at times when men were on.

C. Graves got two long home runs in successive times at bat while S. Graves made one.

### Northfield A. A.

	AB	R	H	PO	A	E
Reed, lf	4	3	3	1	0	0
Moored, c	4	1	2	4	0	0
C. Graves, 3d	4	2	2	2	1	0
S. Graves, 2d	4	1	3	2	1	0
Cook, 1st	0	1	2	12	1	0
E. Scoble, rf	4	0	0	0	0	1
Palknes, cf	4	0	0	0	0	0
Shearer, p	3	1	1	0	0	1
Yer, ss	3	1	0	4	1	0
Totals	32	12	24	8	3	

### All Stars

	AB	R	H	PO	A	E
Scard, lf	4	0	1	1	0	0
Leary, ss	4	1	2	2	1	0
Meleski, 3d	4	2	2	1	0	0
Hughes, c	4	1	2	7	0	0
Zakan, 2d	4	2	1	2	0	0
Halges, p, 2d	3	0	1	0	2	1
Plotkin, 1st	4	0	2	2	0	0
McLaughlin, rf	2	0	2	0	1	0
Mcough, cf	3	0	1	1	0	0
Totals	32	6	12	18	3	2

The N. A. A. defeated Fort Dummer team of Brattleboro 13 to 5 in a rather loosely played game. Both sides making plenty of errors.

The hitting of the home team featured, 16 hits being their total. Coole's home run was the longest hit of the game.

The management has been widely criticized for not putting up better games against stronger opposition and therefore obtained outside help to produce a battling punch. The last time the N. A. A. played Fort Dummer the same pitcher defeated them 4 to 1 and held them to three hits instead of 16.

### Northfield A. A.

	AB	R	H	PO	A	E
Reed, lf	3	1	1	1	0	1
Moquin, c	4	0	11	1	2	
C. Graves, 3d	5	1	3	1	0	
S. Graves, 2d	5	2	3	4	1	2
Williams, 1st	4	3	1	5	0	0
Cook, rf	5	2	2	1	0	0
Distruck, p	4	1	2	1	0	0
Urqualevis, ss	4	0	1	2	0	0
Polhenues, cf	3	2	3	1	0	0
Totals	37	13	16	27	7	5

### Fort Dummer



## THE NORTHFIELD PRESS

NORTHFIELD

ESTABLISHED 1908

MASSACHUSETTS

Published by The Northfield Press Inc., Alfred A. Thresher, President and General Manager.  
Entered as second class matter at the Post Office at Northfield, Mass. Subscription rates, \$2.00 per year; payable in advance.  
Advertising rates upon application.

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Winchester, N. H.  
Millers Falls

Friday, August 15, 1930



## Summer Is Sandwich Time

By JOSEPH BOGGIA, Chef  
The Plaza Hotel, New York City

FROM the dainty, three-cornered sandwich served with afternoon tea on the porch or in the garden, to the substantial affair that becomes the main dish for lunch or supper, or the in-between one that goes with us on picnics, the sandwich fits perfectly into the summer menu.

The rules for making sandwiches are easy to learn and follow. Wash and dry your lettuce. Cut the bread thin, removing the crusts. Cream the butter by working it with a spoon until it becomes soft and pliable. Season the filling with due care, and spread it evenly. Remove all gristle and superfluous fat from the meat. There you have all the fundamentals of the sandwich-making art.

**Piquant Cheese Sandwiches**—Mix together one cup sour cream, three eggs, one tablespoon butter, one tablespoon sugar, one teaspoon salt, one teaspoon mustard. Beat sufficiently to break up the eggs, but not enough to make them frothy. Place over boiling water

and stir until mixture begins to thicken. Add gradually three tablespoons hot vinegar. When mixture coats the spoon thickly remove and put aside to cool. Put through food chopper one and a half pounds American cheese and four seeded sweet red peppers. Mix together and add enough of the cream dressing to make the final mixture spread easily. Spread smoothly and evenly between thin slices of bread. Fine for picnics.

**Derbyshire Sandwiches**—Run through the meat grinder enough finely sliced boiled ham to make one cup of it when minced. Add one-half teaspoon mixed mustard, few drops tabasco sauce, one teaspoon sugar, salt and pepper to taste, and enough Chili sauce to make a smooth paste. Spread on thin slices of buttered bread. Sprinkle with grated American cheese. Cover each with second slice of thin, buttered bread. Place in oven until bread is lightly browned. Serve immediately.

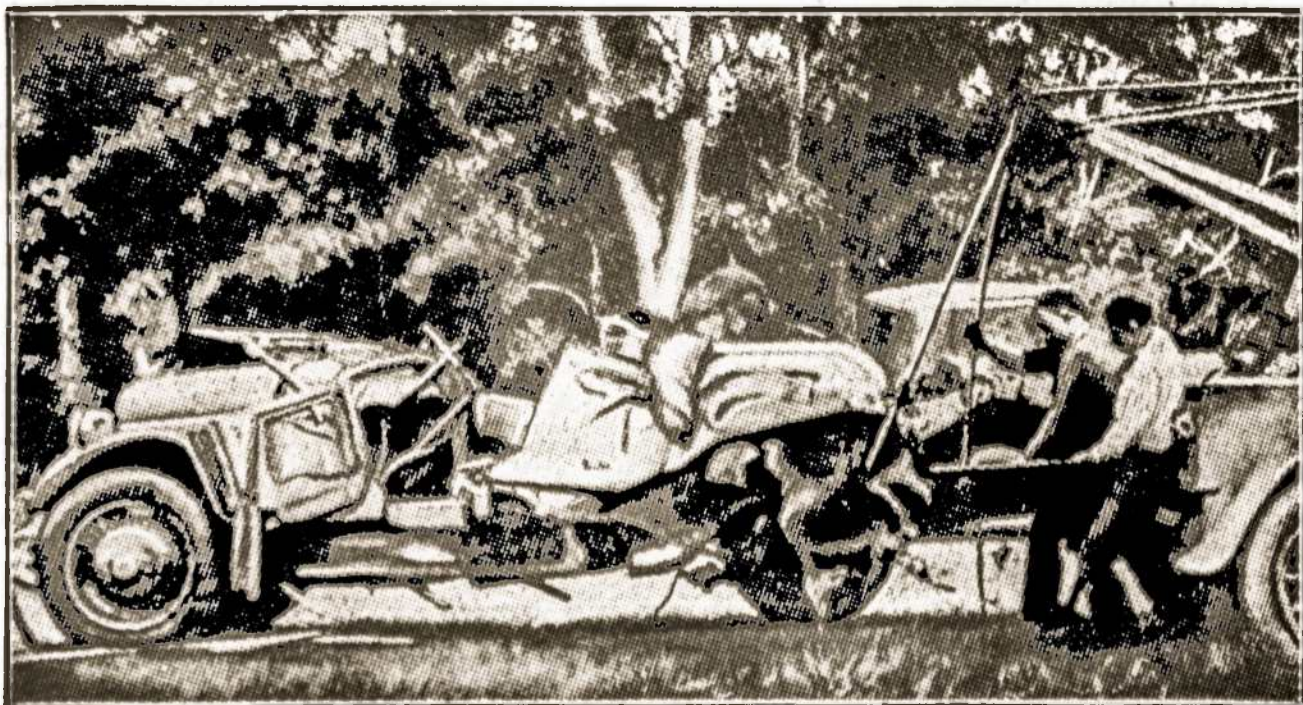
**Madison Club Special**—Put through meat grinder enough cooked veal and cooked tongue to make one-half cup of each. Add one teaspoon vinegar, one teaspoon mixed mustard, one-half teaspoon sugar, two tablespoons mayonnaise, one tablespoon tomato ketchup. Mix thoroughly and spread evenly on buttered slices of bread.



Chef Boggia

Shrewd Advertisers Are Using Our Directory Page To Their Profit

## Windshield Decapitates Two Men, Five Others Injured in Collision



A Guillotine on Wheels: Crushed roadster in which two men were beheaded.

By E. W. Melson

**NEW YORK CITY (Special)**—Two men are dead and five persons injured in the most gruesome automobile accident that has shocked New York in recent years. Frank Suda, 27, of Warren Ave., White Plains, driver of one car, was hurled through the windshield of his car with such force that he was entirely decapitated. On the front seat with him was Dominic Yellow, 25, of Manhattan Ave., White Plains, who was hurled through the glass windshield to a similar fate.

From the tangle of crushed wreckage on the Bronx River Parkway, near the Leewood Golf Club, Tuckahoe, N. Y., a mystery woman emerged who first told police she was Edna Sherman but quickly reconsidered in favor of various other names, none of which satisfied the police. A brunette, about 25 years old, her ride in a drive-it-yourself auto, piloted by Siegfried Swenson, 34, of 861 E. 188th St., The Bronx, N. Y., ended dramatically when both were taken to the Lawrence Hospital for treatment.

The Suda party, which was northbound on the parkway, after

attending a show in New York, included William Pettite, 38, of Longdale Ave., his daughter, Mae, 17, and Ferdinand Stillman, 22, of Fairview Terrace, all of White Plains. They were occupying the rumble seat of the roadster when Swenson's machine collided with them at terrific speed virtually head on. All of them were taken to the Lawrence Hospital suffering from shock and possible internal injuries.

Witnesses of the disaster said the victims suffered a ghastly death and terrible mutilation due to the lack of safety glass in the windshield.



Let's Keep the Smiles—But Discipline The Wrinkles

**T**ODAY I want to tell you about a simple treatment for smoothing out those droopy little lines that will creep in around one's mouth.

Of course, the skin first must be thoroughly cleaned. To do this easily and quickly, just spread cleansing cream up over your face. Then remove this cream with soft cleansing tissues, and pat skin tonic over your face. This banishes all traces of the cream and gently closes the pores again.

Next, smooth tissue cream on your face, especially around the nose and mouth. If your skin is unusually dry, substitute skin food for the cream. Now, with your face well covered with cream, dip the finger tips into muscle oil. Placing the middle and index fingers of each hand at the corners of your upper lip, gently smooth outward toward your cheeks and repeat until the skin feels toned and stimulated. As your fingers stroke across those little mouth lines, the rich muscle oil acts like a host of fairy fingers, patting and smoothing your face; and the tissue cream or skin food blends with the natural oils to soften the skin.

If your skin is not too oily, take this treatment before going to bed, and leave the excess cream and oil on your face all night.

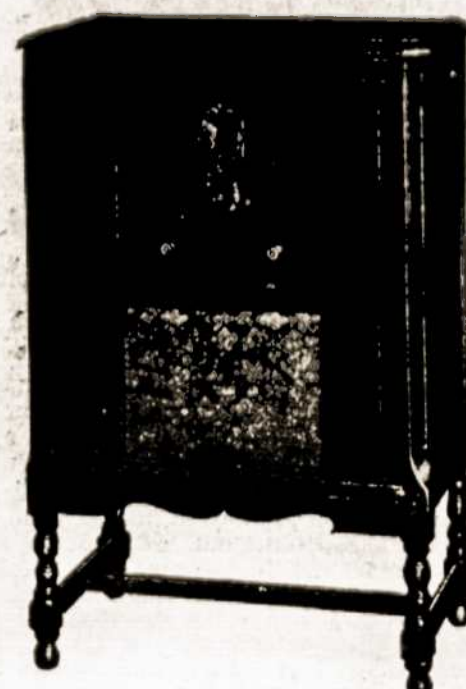


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1-8 Bbl. . . . .97c

Straight or Elbow Macaroni and Spaghetti, Mastiff Brand

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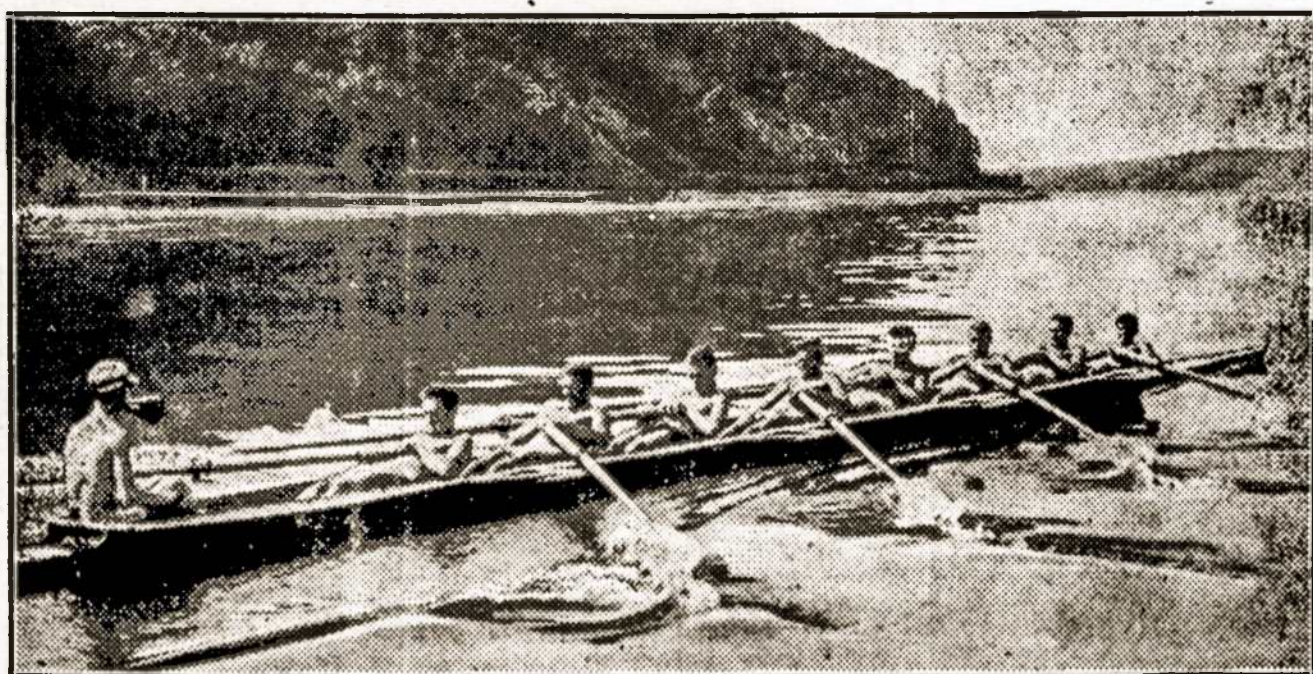
F. A. IRISH

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## IT'S THE TRAINING TABLE THAT SETS THE STROKE



Photos by Asma and P. G. A.

By Richard Glendon, Jr.  
(Coach of the Columbia University Crew Inter-Collegiate Champions, 1929)

**I**N the old days, when a coach was looking around for a place to locate his training camp, he usually spotted a hotel or boarding house that specialized in

corned beef and cabbage, for corned beef and cabbage was the ne plus ultra of training fare in the "dead" and fortunately dead days. And yet, while the men stowed away as much of Jiggs' favorite dish as they could hold, they were allowed only a limited quantity of water. The idea, then, seemed to be to stuff 'em, and then bring them to a keen competitive "edge" quickly through sweats and lots of purgatives. Needless to say the after results were anything but desirable.

Today a coach goes about bringing his men into shape in just the opposite fashion. I always start the men as early as possible, so that there will be no need for last minute, intensive grinding to bring them to the "peak."

The more gradually a man can build up his stamina and drive, the more effective he will be and the less apt to go stale. Balanced against the necessary meat in our crew diet is always an impressive assortment of leafy and fibrous vegetables, the cellulose or bulk of which promotes intestinal hygiene and helps carry off the residual poisons in a normal and healthy manner. This same "veg-

etable effect" is achieved, also, through use of certain cereals such as rice, bran, and corn. Whole rice is especially ideal in that it is not only highly palatable, but also forms a bulk whose smooth texture is kind to the tenderest of lining membranes.

When the first call for crew is made, early in the year, I find the men in all sorts of conditions. There are always a few conscientious ones—who would that their number were larger—who report in excellent condition; but there are others who have to start from scratch every year. These men I watch with particular care to see that their physical grooming

keeps pace with the early spring workouts. Nothing whips such men into shape more quickly or more effectively than a diet which keeps appetite at a keen edge and works off, sanely and normally, the residues collected during the athlete's lay-off period of inactivity.

When eight men swing their shell in line for the 4 mile grind at Poughkeepsie, these men should be carrying in their stomachs nothing but energy supplying foods. They will call upon—and need—every ounce of reserve they can carry before they pass the finish marker. Naturally, the men in the best condition to meet this exacting demand upon energy are those whose training has removed from the body all the dead weight and useless residues.

One hears a great deal of talk—and sees much written about the stroke used by this or that crew. Naturally, each coach teaches his men the stroke which he believes, through experience, will be most apt to drive his colors out in front and keep them there. But no type of stroke in the world is worth a plugged nickel, if the men manning the oars have not been properly conditioned to set a winning pace and then have the stamina and reserve energy to hold it.

A sensible diet then, which includes plenty of roughage, cellulose or bulk (choose your own name for it) is as necessary in the long training grind, as the actual work-outs in the racing shells, for a crew man needs every ounce of usable foods that he can store in his body. When the coxswain increases the beat for the final spurt, it takes a perfectly trained human machine to stand the gaff.



DICK GLENDON



## The Idle Stomach—Our Most Serious Unemployment Problem

By E. V. McCollum, Ph.D., Sc.D.

Author of "The Newer Knowledge of Nutrition," "Food, Nutrition and Health," etc., Professor of Bio-Chemistry, School of Hygiene and Public Health, Johns Hopkins University.

LIVING as we do nowadays on a diet consisting largely of concentrated and highly refined foods, many persons too often overlook the absolute need for a certain quantity of "indigestibles"—food that keeps the digestive tract healthily at work and provides the excess bulk so necessary to promote well being.

It is a recognized law of Nature that the digestive tract of any creature is adapted to suit the kind of diet to which the species long has been accustomed. And in order to obtain a clear picture of the importance of roughage in the human dietary, it might be well for us to review briefly the three types of creatures—including man—that compose the animal kingdom.

First, there is the species known as *herbivora*, who subsist entirely upon food of vegetable origin. These have stomachs of enormous capacity, and intestines which are large enough to contain the great residues of indigestible matter which result from a diet of coarse herbage. The lining membranes of the stomach and intestines of herbivorous animals, too, are highly resistant to mechanical injury and tolerate without damage the friction of the coarse residues as they pass along the digestive tract.

### Flesh-Eating Animals

Next in the scale of animal species we find the *carnivora*, who restrict their food solely to the flesh of other animals. In this group we find that the digestive tract is of much smaller capacity, as a result, no doubt, of long adherence to food of exclusively animal origin. Meat, glandular organs and fat, we know, are highly concentrated foods; and even a small bulk suffices to provide ample nutrients for growth and the maintenance of weight, even when much of the food consumed is burned for the performance of work or the production of heat.

While the digestive tract in these flesh-eating animals functions satisfactorily without much indigestible material on which to work, it must be remembered that the *carnivora*, under natural conditions, take a great deal of exercise and that the residue from their food is quite smooth in texture. Even so, many of these animals—as the dog, cat, lion and tiger—eat much bone substance, which is changed by the strong acidity of the stomach to form insoluble and fairly bulky material of a mass favorable to the



E. V. McCollum

mechanical functioning of the intestine, and thus makes elimination possible at a rate which is consistent with health.

Coming now to man—the third type of species in the animal kingdom—we find that he is omnivorous. Except in the far

North, where no vegetable food is available, human beings draw their nutriment from both plant and animal life. Nevertheless, man cannot eat very bulky vegetable food in any considerable quantity, because his digestive tract is of small capacity. Neither can he safely eat of the coarser vegetables, because the lining membranes of his stomach and intestines are too delicate to withstand the scraping of the coarser particles of indigestible matter without injury.

### What Cooking Does

One way in which man has attempted, and with success, to eat safely the coarser root and leafy vegetables, is through softening and disintegrating the cellulose of those foods by cooking them. The cooking process not only decomposes some of their subelements as cellulose, but makes the remainder of the food more digestible and thus averts the after distress of eating. When some of the smaller and fugitive tribes of American Indians were forced into localities in which game was scarce and food plants not abundant, they were compelled by circumstance to eat grass seed, acorns and other vegetable foods which are coarser than humans are accustomed to eat. They suffered greatly from indigestion, and doubtless injured their digestive tracts by taking cellulose which was too coarse and irritating. They had not less than a score of "grandmother" remedies for indigestion to attest these experiences.

Common knowledge tells us that indigestible things are dangerous if eaten freely; yet it is equally clear that our intestines do not function properly unless there is a certain amount of indigestible matter to distend them to the right degree, and to form a mass which is favorable for the muscular contractions of the intestine to move along with the peristaltic waves.

Between the extremes of having in the intestine too much and too coarse cellulose on the one hand, and too little indigestible bulky matter on the other, lies the happy medium which is favorable both to comfort and health. There are many kinds of cellulose in different vegetable products. It

forms the framework and fibers of plants, the walls of vegetable cells and the coverings of seeds. In most of its forms, cellulose is insoluble in boiling water; and it is not acted upon by any of the digestive juices, though certain kinds of bacteria are capable of fermenting and digesting the cellulose of certain plants.

Bran is probably the form of cellulose which has been most discussed in connection with the improvement of intestinal hygiene through facilitating elimination. There is good reason for believing, however, that when bran is eaten exclusively for promoting intestinal hygiene, it generally is eaten too freely. If properly softened through cooking, and taken in amounts no greater than are afforded by eating the whole cereal as a breakfast food, it is undoubtedly an excellent source of cellulose.

What has been said of wheat bran and its benefits is even more particularly true of the cellulose of the rice kernel. Rice is the principal cereal grain in the dietary of more than half the human race. Those who have been brought up on a diet constantly containing rice like it better than any other cereal. We have, in America, long been accustomed to eating small amounts of rice occasionally, but we generally never have eaten it as freely as we have either wheat or corn.

### Cellulose of Rice Softest

The cellulose of the corn kernel is considerably more difficult to digest and more irritating than the cellulose of either wheat or rice. Of the three, the cellulose of rice is the softest and smoothest; and for regulating the elimination of children, or of adults with delicate digestive systems, it is almost ideal as a source of bulky matter.

A few faddists doubtless eat too much of cellulose-rich foods, particularly green leafy vegetables. While we never should become extremists about any feature of the diet, it is a fact that the modern food regimen often is lacking in sufficient cellulose, and this matter of an idle stomach and digestive tract is one of the most serious unemployment problems that confronts the human race today.

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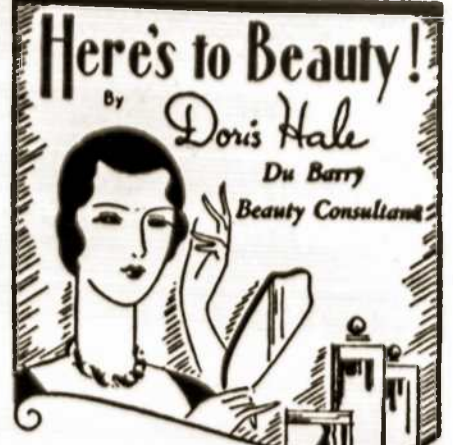
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### Radio Messages

The following radio messages are sponsored by the State Department of Public Health, over WEEI, every Friday evening at 4.50 p. m.

- Aug. 15. "Sleep," Dr. P. G. Stiles.
- Aug. 22. "What Social Work Is Not," Miss Eleanor E. Kelly.
- Aug. 29. "Nutrition and Teeth," Dr. Percy R. Howe.
- Sep. 5. "What To Do About Nervousness," Dr. Harry C. Solomon.
- Sep. 12. "The Problem of Acquired Deafness—What Can One Do About It," Dr. R. H. Gilpatrick.
- Sep. 19. "Reasons for the Health Examination," Dr. Jose P. Bill.
- Sep. 26. "Gout and Glandular Secretions," Dr. Frank H. Lahey.



Ugly Little Frown Lines  
Can Be Smoothed  
Away Easily

THERE is no reason why frown lines should be tolerated, if the vision is normal and you do not abuse your eyes. If you should notice little perpendicular lines beginning to form between your eyes, just see how they will vanish before this simple treatment:

First, thoroughly cleanse your skin by smoothing cleansing cream up over your neck and face. Then remove the cream with soft tissues, and wipe a pad of cotton saturated with skin tonic over your face.

Now you are ready for the real frown line treatment: Spread a generous quantity of skin food or tissue cream on your face, and especially just above the bridge of your nose, where the lines are forming. If your face is overdry, use skin food; but tissue cream is better if your skin is normal or inclined to be oily.

Next dip your fingers into muscle oil. Lay the index and middle fingers of one hand on the bridge of your nose, and gently smooth upward, with a brisk, firm movement. Alternate with the same fingers of your other hand, and repeat until your skin feels warm and tingly.

If you take this treatment just before going to bed, leave the massage cream and muscle oil on your forehead all night. Or if you wish, remove the excess cream and oil with a little cleansing cream or skin tonic.

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Look To Your Throat  
If You Want To  
Look Young

WHY is it that so many women do not seem to realize that the neck needs just as much attention as the face? One's neck, however beautiful, will not keep its smooth contour long if it is not given regular daily care. Unless the neck is given a thorough cleansing each time one's face is cleaned, it is found to have a neglected look. Worse still, some day you will face the mirror and be startled to realize that your neck looks old and wrinkled.

After the regular daily cleansing, the following treatment will do much to keep your neck contours young, and the skin fresh and smooth:

Spread a generous amount of tissue cream (substitute a rich, nourishing skin food if your skin is inclined to be dry), on your neck, working it up from your chest to your chin. Circle your neck with both hands, smoothing and pressing gently upward.

After the cream has been worked in, oil the inner surface of your hands with muscle oil and repeat the gentle upward movement with alternate hands. You will notice a pleasant tingling as the tissues are stimulated, and your skin is coaxed back to its normal functioning. Then dampen a small pad of cotton with a mild astringent, and whisk it up over your neck.

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JOAN CRAWFORD

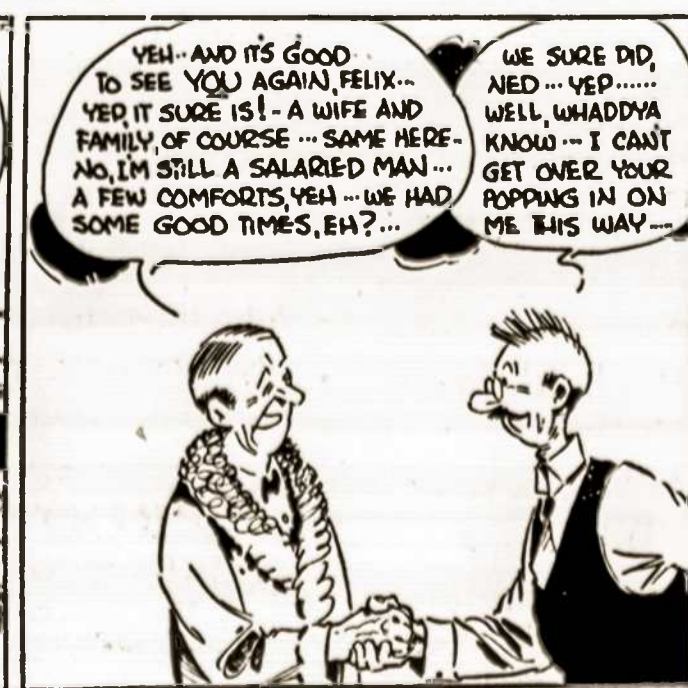
"Our Blushing Brides" with Joan Crawford in the starring role and such cinema favorites as Anita Page, Dorothy Sebastian, Robert Montgomery, Raymond Hackett and John Miljan in prominent supporting roles will be the screen attraction at the Garden Theatre, starting Saturday and continuing for four days.

Metro-Goldwyn-Mayer is said to have outdone itself in the matter of lavish settings, costumes, and unusual features for this production, having started off with a bang by hiring an entire Los Angeles department store, personnel and all, for the opening scenes which depict the daily routine of these women employees. Subsequent romances of the three girls place them in the environment of the millionaire class, and advance information has it that these settings are the most lavish and artistic representations of modernistic interviews yet seen on the screen.

Unusual features of the picture include a spectacular fashion-show held in the gardens of a Long Island estate and an Albertina Rasch ballet, photographed at night. This last sequence required a six weeks' training course in Greek dancing upon the part of Miss Crawford who studied under the direct supervision of Mme. Albertina Rasch.

## THE FEATHERHEADS

By Osborne



## Little Boys Grown Up





## Serve Sherbets with Meats

By JOSEPH BOGGIA, Chef  
The Plaza Hotel, New York City

**A** SHERBET with the meat course is a most welcome addition to the hot-weather luncheon or dinner. Adding to the diet the healthful fruit juices, and through its sugar content, one of the most important energy elements, the sherbet's cooling qualities and delicate flavor help to make the repast a noteworthy occasion whether dining en famille or entertaining honored guests. Another point not to be overlooked by the wise hostess is the aesthetic factor. Served in footed glasses in pastel shades of rose, amber, azure, green or topaz, the level cup strikes a note of color that does more than its share in assuring the colorful charm demanded for the perfectly arranged summer table.

**Mint Sherbet**—Mash one cup of fresh mint leaves with one cup of

sugar. Add two cups boiling water. Let stand ten minutes. Strain out the mint leaves. Add one-half cup lemon juice and few drops of green coloring. Freeze to a mush and serve in glasses garnished with mint leaves.

**Grape Sherbet**—Boil together for seven minutes, two cups of water and one cup sugar. Add two cups grape juice, one-fourth cup lemon juice, and one-fourth cup orange juice. Freeze to a mush and when partially frozen stir in the stiffly beaten white of one egg.

**Orange Sherbet**—Boil two cups sugar and one-half cup water for five minutes. Add grated rind of one orange and one teaspoon gelatin which has been soaked in two tablespoons cold water. Dissolve thoroughly and cool. Add one and a half cups orange juice and one-fourth cup lemon juice. Freeze to a mush.

**Orange Milk Sherbet**—Dissolve one and a half cups sugar in two and a half cups orange juice. Add one-fourth teaspoon salt and one teaspoon grated orange rind. Stir gradually into three cups milk. Freeze to a mush.



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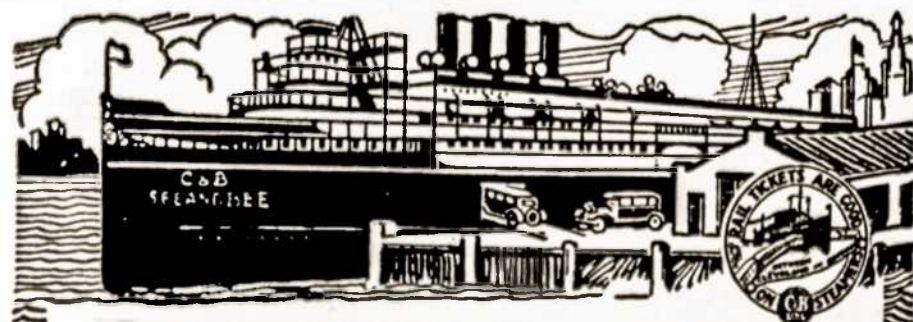
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QUART PICKED  
20,000 quarts of best quality ripe this  
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\$1.60 per 100, \$12.50 per 1000, Pot-  
grown Howards, \$4.00 per 100, \$35.00  
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bought from the originator. Dr. Nelson  
Shook, Copper Bronze, Elkhart, Cardi-  
nal Prince 50 cts. per bulb \$5.00 dozen.  
Violet Glory \$12.00 per 100, Kunderd  
glory, E. J. Shaylor \$9.00 per 100, A  
Tiplady, \$4.00 per 100; White-Chicago,  
War, \$10.00 per 100; America \$5.00;  
Choice Mixture at \$3.00 per 100; Gar-  
den Mixture at \$1.00 per 100; Darwin  
Tulips, \$3.75 per 100. Come and pick  
yours out for next season. GEORGE  
CHAPMAN, Northfield, Mass.



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PALMER'S, INC.

11 Elm Street, on the Corner, Brattleboro, Vt.

## Hors D'Oeuvres Jog Jaded Appetites

By ETIENNE ALLIO, Chef,  
Hotel New Yorker, New York City

NOTHING can contribute  
more to assure the suc-  
cess of the meal, whether  
it be a formal or infor-  
mal repast, than a hors  
d'oeuvre, skillfully prepared, of  
carefully selected ingredients to  
insure their freshness, and served  
in a manner to appeal to the eye  
as well as to the appetite.

Whether the hors d'oeuvre be  
hot or cold, its chief purpose is, of  
course, to act  
as an appe-  
tizer and this  
it can do as  
much by its  
appearance as  
by its taste,  
for there is a  
full measure  
of truth in the  
old saying,  
"The eye does  
half the eat-  
ing." The por-  
tions should  
be small, merely large enough to  
stimulate the appetite, without  
any danger of dulling the diner's  
zeal for the dishes that are to fol-  
low.



CHEF ALLIO

Vienna Hors d'Oeuvre—Simmer  
calves liver until very tender.  
Chop fine and rub to a paste. To  
one cup of liver add one tablespoon  
melted butter, one-half teaspoon

sugar, salt and pepper to taste,  
and enough thick tomato sauce to  
make the mixture of the right con-  
sistency to spread. Lightly toast  
strips of graham bread about four  
inches long and an inch and a quar-  
ter wide. Spread with the paste.  
Garnish with a border of chopped  
whites of hard-boiled egg and the  
riced yolk. Serve cold.

Clams in Nest (Individual)—  
Halve a grapefruit, remove the  
pulp, and fill with shaved ice. Place  
a small glass in the center for the  
sauce. Place five small clams on  
the half shell on the ice. For the  
sauce mix one tablespoon Worces-  
tershire sauce, one tablespoon  
horseradish, one tablespoon vine-  
gar, and one tablespoon tomato  
ketchup. Add two tablespoons  
lemon juice, one-half teaspoon  
sugar, one-fourth teaspoon tabasco,  
and one teaspoon salt. Chill by  
placing sauce in the glass a suffi-  
cient time before serving.

Southampton Hors d'Oeuvre—  
Scoop out the stem ends of six  
whole, firm tomatoes, leaving a  
cone-shaped cavity. Sprinkle with  
pepper, salt, and a little sugar.  
Fill with butter. Bake in a mod-  
erate oven until tender. Just be-  
fore serving place the tomatoes on  
the individual plates and pour over  
each of them two tablespoons of  
hot cream seasoned with salt and  
pepper. Sprinkle with minced  
parsley and serve hot on thin toast  
strips.

## Special Notice to Advertisers

No large display advts. can be accepted  
hereafter any later than 5 P. M. Tuesday  
of the week of issue; and no display advts.  
of any size after 1 P. M. on Wednesday.

Moreover, advertisers should understand  
that they will usually get a better set-up  
and position in the paper, if they have their  
copy in our hands in advance of these  
closing hours.



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depression, fever, cold, flu. next time.

Contains No Aspirin or Other Heart Depressants

Headaches! Colds! Neuralgia! Dental Pain!

Naval Treaty Hits Snag in Senate  
Johnson Threatens to Grow Beard

By E. W. Melson

Our special commentator on Naval Affairs pulled a stroke over for  
the I. C. S. and for fourteen years was a conductor on the Staten  
Island ferry. Aside from six attempts to swim the English Channel,  
he is a licensed bilge pumper and was decorated three times by the  
Coast Guard for passing the twelve mile limit. Next week he will  
tell how the treaty affects the Great Lakes excursion boats and  
tattooing on the chest.

Sen. Johnson—Mr. Secretary, would you say this treaty gives us  
parity with Great Britain?

Sec. Stimson—I decline to answer that on the ground it might in-  
criminate me, but I will say that we secured the right to carry  
fresh vegetables in case of war and the pants on Great Britain's  
sailors are to be no larger at the bottom than ours.

Sen. Johnson—Still, you must admit that the 5-3 ratio with Japan is  
practically nullified, if not ossified?

Sec. Stimson—I don't admit that! While Japan carries more bunting,  
our anchors are much heavier, and our outboard motors exceed  
theirs 30 to 1.

Sen. Johnson—Yes, but how do you reconcile Great Britain's tonnage  
with our category?

Sec. Stimson—You have me there. The fact is, in measuring our  
category, Sec. Adams lost our yardstick and we used a piece of  
string, measuring from the chin. But don't forget we got an  
escalator clause and the right to age our sauer kraut in the barrels.

Sen. Johnson—Does that explain the number of tugboats assigned to  
the Cunard Line?

Sec. Stimson—I wouldn't go that far, but we secured the right to  
mount six-inch pin-wheels on the Lehigh Valley coal barges and  
the Hudson River Night Line.

Sen. Johnson—You seem to have forgotten the irreducible minimum?  
Sec. Stimson—Well, in the hurry of packing I did forget it, but the  
hotel forwarded it later along with my Indian clubs.

Sen. Johnson—The General Board of the Navy claims that our  
sailors no longer have a sweetheart in every port. How did we  
lose that ratio?

Sec. Stimson—A secret conference was held on this and the papers  
reported next day that we were recruiting bow-legged sailors.  
My personal belief is that halitosis lost us this tonnage and that  
every sailor should wear a geranium.

Sen. Johnson—Actually, Mr. Secretary, what do we get to balance  
Japan's four-wheel brakes and Great Britain's extra gangplank?  
Sec. Stimson—Clause X20791 gives us shatter-proof glass in the  
windshield of our umble seats to keep the spray off our full dress  
uniforms. In addition to that we retain the right to sing the  
Maine "Stein Song," and to dip all candidates when crossing the  
Equator.

Sen. Johnson—Do you believe our Navy can hold the Philippines?  
Sec. Stimson—Against Switzerland, yes.

Sen. Johnson—Aren't our guns heavier than hers?  
Sec. Stimson—Yes, but her cheese is stronger.

Sen. Johnson—Is this Committee to understand that our delegates  
got what they want after?

Sec. Stimson—Well, we got four quarts of Scotch, and we're not all  
home yet.

Sen. Johnson—Mr. Secretary, you must think I'm a fool?  
Sec. Stimson—Well, no, I wouldn't say that. But, of course, I  
could be mistaken.

(The session was adjourned before personalities act in.)

## Wise Seasoning Gives Added Zest

By ETIENNE ALLIO, Chef,  
Hotel New Yorker, New York City

TOO frequently the Amer-  
ican housewife depends  
almost entirely upon salt  
and pepper for seasoning.  
The third member of the  
trio of fundamental seasonings—  
salt, pepper and sugar—she some-  
times fails to think of as a season-  
ing at all, looking upon it only as  
a sweetener.

In this respect the French cook  
is wiser than she. By the French  
a dash of sugar is used  
to bind and  
accentuate the  
flavors of the  
various ingre-  
dients; not  
enough to  
sweeten, but  
sufficient to  
make a deli-  
cious differ-  
ence in the  
final flavor of  
the dish. Pep-  
percorn, mace, allspice and a large  
group of other seasonings are also  
used by the French to achieve  
those delicate flavors that have  
brought French cooking the crown  
of acknowledged supremacy.

Cauliflower Bearnaise—Wash  
thoroughly one large head of  
cauliflower and separate into  
clumps. Cook until tender. Drain  
and place in greased casserole.



CHEF ALLIO

Mix together two cups peas, one  
large slice onion, two peppercorns,  
two cloves, one-half teaspoon salt,  
one tablespoon sugar. Simmer in  
one cup of water until peas are  
very soft. Melt three tablespoons  
butter in a saucepan. Add three  
tablespoons flour and stir until  
smooth. Strain pea mixture and  
press through colander, blending  
it with one-half cup milk. Season  
with one-half teaspoon salt and  
add to butter and flour. Stir until  
completely blended. Pour over  
cauliflower and sprinkle with  
bread crumbs. Brown in a quick  
oven not more than eight minutes.

Cucumber a la Giverny—Peel  
and cut into small pieces one large  
cucumber. Cook until tender in  
boiling, salted water. Drain. Beat  
one egg lightly and add two table-  
spoons vinegar, one-half teaspoon  
salt, one-eighth teaspoon pepper,  
and one-eighth teaspoon sugar. Boil  
until the mixture thickens and  
pour over the hot cucumbers.  
Serve immediately.

Tomatoes Bernadotte—Cut into  
eighths, two pounds of fresh toma-  
toes. Place in saucepan. Add one  
and a half teaspoons salt, one-  
eighth teaspoon pepper, one table-  
spoon sugar, two tablespoons but-  
ter, six cloves, one-fourth teaspoon  
paprika, and a one-inch piece of  
cinnamon. Cook slowly, without  
water, until tomatoes are tender.  
An equivalent amount of canned  
tomatoes can be used in place of  
the fresh, if desired.

SAT.—SUN.—MON.—TUES.

JOAN  
CRAWFORD

IN

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With

ROBERT ANITA DOROTHY  
MONTGOMERY PAGE SEBASTIAN

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CARTOON

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GREENFIELD, MASSACHUSETTS

CONTINUOUS PERFORMANCE SAT. and SUN., Starting at 2 p. m.  
Twice daily, at 2 and 7 p. m.

## Off to the movies :::

Leisure time is the lot of this young wife. Oh yes, dinner  
will be served on time—piping hot—brown roasted and done  
to a turn.

You see our young wife has placed all the vegetables and a  
roast in the electric oven. She has set the automatic time  
controls to turn on the heat at 3:30 and to shut off at 5:45.  
So at the usual time dinner will be served perfectly cooked.  
And with it all our young wife has enjoyed herself all the  
afternoon.

Now this is being done everywhere, right now, today.

You, too, may have this comfort, convenience and leisure  
time with an automatic electric range.

Our co-operating dealer is  
offering free installation.

GREENFIELD ELECTRIC LIGHT  
AND POWER COMPANY

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THERE IS QUALITY IN INSURANCE JUST AS THERE  
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Anywhere and Everywhere in the United States and Canada.

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Save regularly by trading regularly at our I. G. A. store. Our open shelves are always filled with highest quality foods at low I. G. A. prices, made possible by I. G. A. Mass Buying Power. Come in today

August 11th to August 16th

I. G. A. TEAS 10c Size Pkg. 9c—1-4 Lb. Pkg., 21c  
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Orange Peko—Makes Delicious Iced Tea  
I. G. A. FRUITS FOR SALAD Large Can 37c  
Fancy for Salad or Dessert  
I. G. A. PORK AND BEANS 3 Cans 25c  
Fancy for a Quick Meal  
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I. G. A. TOMATO CATSUP Large Bottle 19c  
Made of Choice Selected Tomatoes  
CHOCOLATE MALTED MILK Loft's 1-2 Can 23c  
I. G. A. SPAGHETTI Can 9c  
Prepared—Once Tried—Always Used  
COCONUT BON BONS 2 lbs. 49c  
Fancy Assorted Fresh Coconut Centers  
PICKLES Large Jar 49c  
Diamond—Tiny, Sweet Plain Tasty and Appetizing  
PUFFED RICE 2 Pkgs. 27c  
BROOMS 'A' Brand At Special Price Each 49c  
LUX Large Pkg 22c  
4 lbs. BANANS 27c

## MEAT SPECIALS

Native Veal—All Cuts  
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Ends Ham 15c Lb.

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East Northfield, Mass. Telephone 10

An Independent Grocers' Alliance Store

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## Free Coal!!

## Free Coal!!!

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HEATROLA FREE COAL CLUB

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Pay \$2.00 a week until your Heatrola is installed and we deliver 1,000 pounds of Free Coal (500 pounds if you choose the Heatrola, Jr.) Then easy monthly payments on the balance.

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Universal and Hotpoint Electric Ranges

Lamps and Appliances of all kinds.

SATURDAY, AUGUST 16th

DOLLAR  
DAY

IN GREENFIELD

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at Wilson's, Greenfield's largest  
Department Store

SHOP EARLY!

## WILSON'S

GREENFIELD, MASS.

PHONE 700

CHURCH, FRATERNAL  
AND OTHER NOTICESTRINITARIAN CONGREGATIONAL  
CHURCH

Until next September all services will be held on the Seminary campus, in the Auditorium or Sage chapel, according to announcement. This includes all appointments at the church except Sunday school, which will be held Sunday mornings at 9:30 in the vestry of the church.

ADVENT CHRISTIAN CHURCH  
SOUTH VERNON

Rev. George E. Tyler, Pastor

## SUNDAY

10:45 a. m.—Sermon by the pastor.  
12:05 p. m.—Church school.  
7:30 p. m.—Union service at the chapel.

## THURSDAY

7:30 p. m.—Mid-week meeting at the Home.  
All services on Standard Time.  
Services suspended during the General Conference at Northfield.

FIRST CONGREGATIONAL  
UNITARIAN CHURCH

Charles Chambers Conner, Mary Andrews Conner, Ministers.

The church will be closed for renovation during July and August.

## FREE METHODIST CHURCH

Mrs. Nellie A. Reid, Pastor

## SUNDAY

10:30 a. m.—Morning worship.  
11:30 a. m.—Sunday school.  
6:30 p. m.—Class meeting.  
7:30 p. m.—Evening worship.

## WEDNESDAY

3:00 p. m.—Children's meeting.  
7:30 p. m.—Prayer meeting.

ST. PATRICK'S ROMAN CATHOLIC  
CHURCH

Father Carey and Father Rice, Pastors  
Sunday mass at 10:30 a. m., except on the first Sunday of each month, when it is at 8:30 a. m.  
Sunday school and Bible history after the celebration of mass.

## DICKINSON LIBRARY

Main St., Northfield

Open Tuesday, Thursday and Saturdays from 2 to 5:30 and 6:30 to 9 p. m.

## Announcements

Invitations...

Visiting Cards...

Stationery...

Our genuine

engraved forms

are

Socially Correct

## Letter of Appreciation

August 9, 1930

Editor, Northfield Press,  
Northfield, Mass.,

Dear Sir:

Northfield certainly deserves commendation and plenty of it. Her Tercentenary program was such as to make every resident and friend of the town proud of it.

Mr. Pitt, and the entire committee, as well as those whose untiring efforts, helped to make everything from the first event Wednesday, to the last on Friday, a success, are to be congratulated.

The committee was certainly fortunate in obtaining Mr. Glen to add his contribution to the most enjoyable concert. His splendid voice and pleasing personality won him the whole audience before he had finished his first selection.

The other soloists on the program the chorus itself, and the orchestra, are worthy of special mention also. The parade of Friday showed weeks of careful thought and preparation, and all units from the Scouts who portrayed the Squakheag Indians, to the 1930 sport model Ford, vividly brought to all who watched, whether strangers or townspeople, the realization of what great things a seemingly small, quiet, country town can be capable of.

I surely feel that the three days spent in my mother's home town were very profitable ones.

Sincerely yours,

BERYL BANCROFT.

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We have an expert car washer and modern equipment.

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We use modern methods in our polishing work.

## SIMONIZING

Simonize protects the finish on your car as well as adding to the beauty and value of the car.

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Don't let road oil and tar remain on your car. Let us clean your car thoroughly.

A Few Good  
Used Cars Left.

## Spencer Brothers

Northfield, Mass.

## THIS GROWING BANK

Would appreciate Your Business.

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SAVINGS DEPARTMENT

TRUST DEPARTMENT

The Franklin County Trust Co.

GREENFIELD.

(THE BANK WITH THE CHIME CLOCK)

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you say we  
were going  
out for a  
RIDE?"



Patching old tires and tubes to run the last miles out of them only spoils trips and is expensive trouble, now that new Goodyears are selling so cheap. Come in, let's make a deal on the latest All-Weathers or Pathfinders.

## SPECIALS!

TUBE PATCH  
50-cent size, 35 cents  
\$1.00 size, 75 cents

Satin Polish,  
Hard Soap,  
Nickel Polish  
Regular \$1.50 value

\$1

## GOODYEAR

Lifetime  
Guaranteed

Pathfinder

Value only the world's largest rubber  
company can offer.

## FULL OVERSIZE

29x4.40	\$5.00
29x4.50	6.00
30x4.50	6.00
29x5.00	7.75
30x5.00	8.00

## The Morgan Garage

Northfield, Mass.

Phone 173